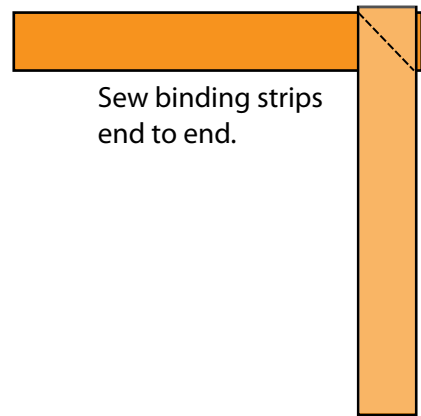


Binding Your quilt

Binding is the last step in finishing your quilt. Depending on preference, the strips can be cut either on the cross grain or bias grain of the fabric. If the finished edges are rounded, you will need to cut your binding on the bias for the added stretch. You need to cut enough strips with the combined length to go around your quilt and an additional 12". Cut your strips 2-1/2" wide for a 1/2" finished binding. Binding for table runners and wall hangings can be cut on the cross grain of the fabric. For larger quilts it is desired to cut the binding on the bias for a more durable finish.

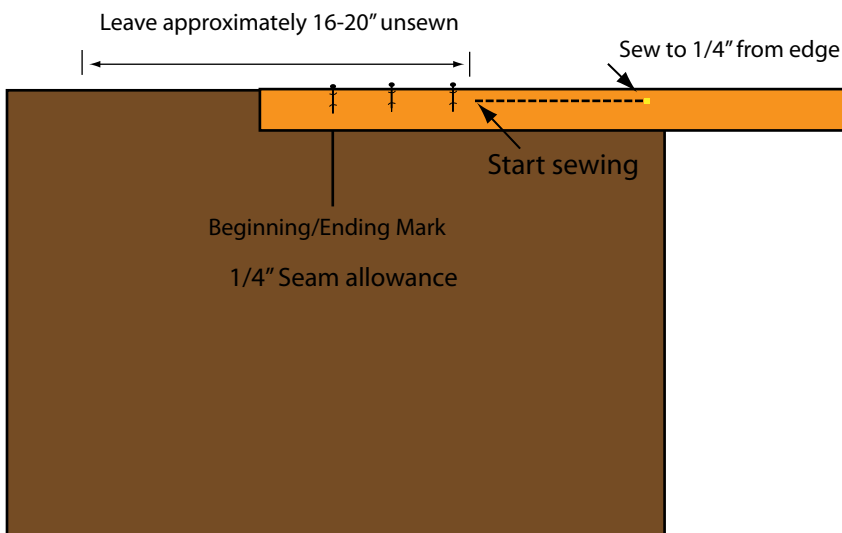
Step 1:

Seam your binding strips end to end. A bias (or diagonal) seam will give you less bulk. To sew a bias seam, place the two strips right sides together at a right angle as shown. Stitch from corner to corner and trim the excess to about 1/4". Press seam to one side.



Hint: Use 1/4" wide Steam-A-Seam2 on the folded edge of the binding. Iron the steam-a-seam 2 in place and remove the paper while it is hot. Sew the binding with the Steam-A-Seam 2 facing up. When you are done sewing the binding in place, fold your binding over to the back side of the quilt. The fold of the binding should just meet the stitch line. Fuse the binding in place using plenty of steam, and mitre your corners. The fusible will hold the binding in place while machine or hand stitching.

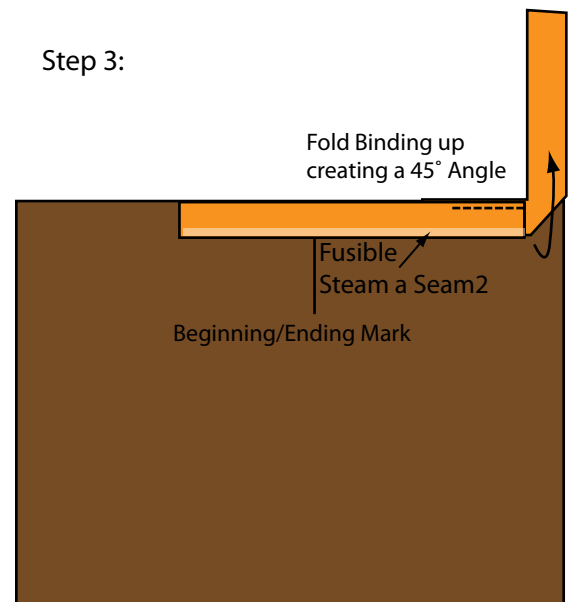
Step 2:



Mark the center of one side of your quilt. Leaving about 4" extra binding past the center mark, place the raw edges of the binding along the raw edges of the quilt and pin in place. Start at one end of your quilt, leaving approximately 16-20" open for finishing the binding. Sew through all layers using a 1/4" seam to 1/4" from the end and backstitch. Remove the quilt from your machine.

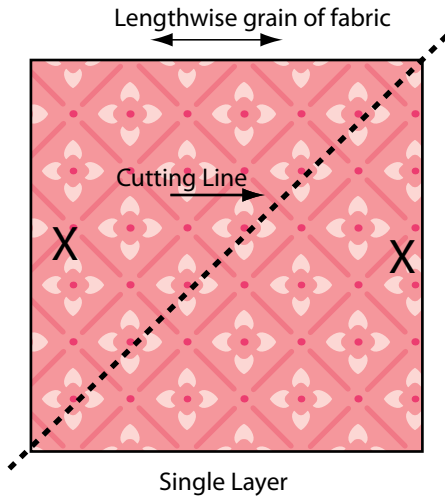
Note: A walking foot with a 1/4" seam guide will give you the best results

Step 3:

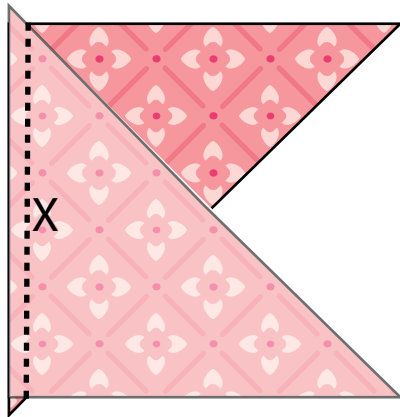


Fold binding up, perpendicular to the seam you just stitched as shown in diagram above, creating a 45° angle.

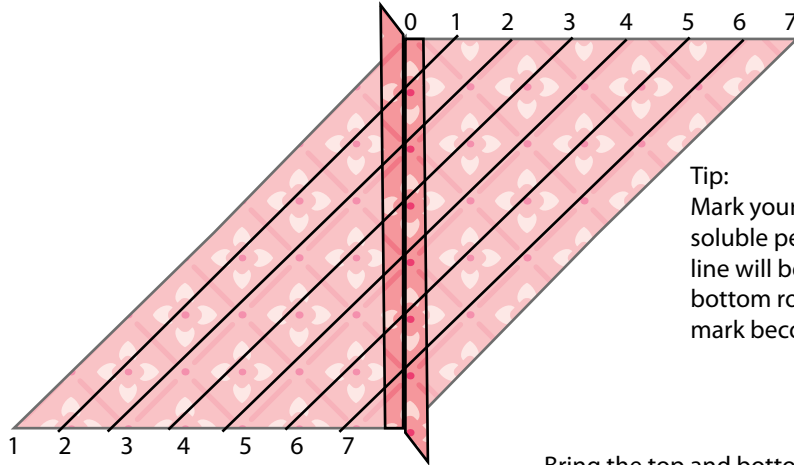
Cutting Continuous Bias Binding



Start with a 36"- 42" square of fabric. Make sure all corners are a true 90 degrees. Make a small mark on the right and left sides of the square. Cut diagonally across the fabric as shown.



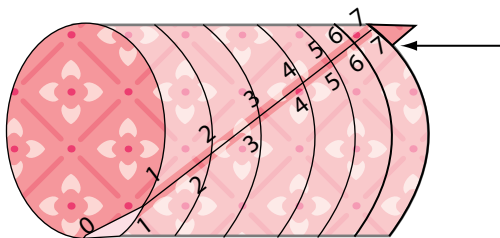
Match the two marked sides right sides together, taking care not to stretch or pull the fabric. Sew the marked sides together.



Press the seam open. Mark the lines the desired width of your binding on the wrong side of the fabric.

Tip:
Mark your rows with numbers (using a water soluble pen) At the top start with 0 on the edge and the first (next) line will be #1, second line #2, ect across the top. On the bottom row, start with the #1 on the edge and then the first (next) mark becomes #2, etc across the bottom.

Bring the top and bottom edges of the fabric together to make a tube (right sides together), and offset this so that the outer (bottom) left edge (#1) lines up with the first marked line (#1) on top. Pin and sew that seam matching marked lines. At the end the #7's will be lined up and you will be offset at the end. Begin cutting where the arrow is and along the marked lines. You will cut a continuous piece of bias binding.



A 36" square of fabric will give you approximately 518" of 2-1/2" wide binding.

To figure out how many inches of binding you will get, multiply the size of the square times two. Divide the answer by the width of the binding you are cutting.

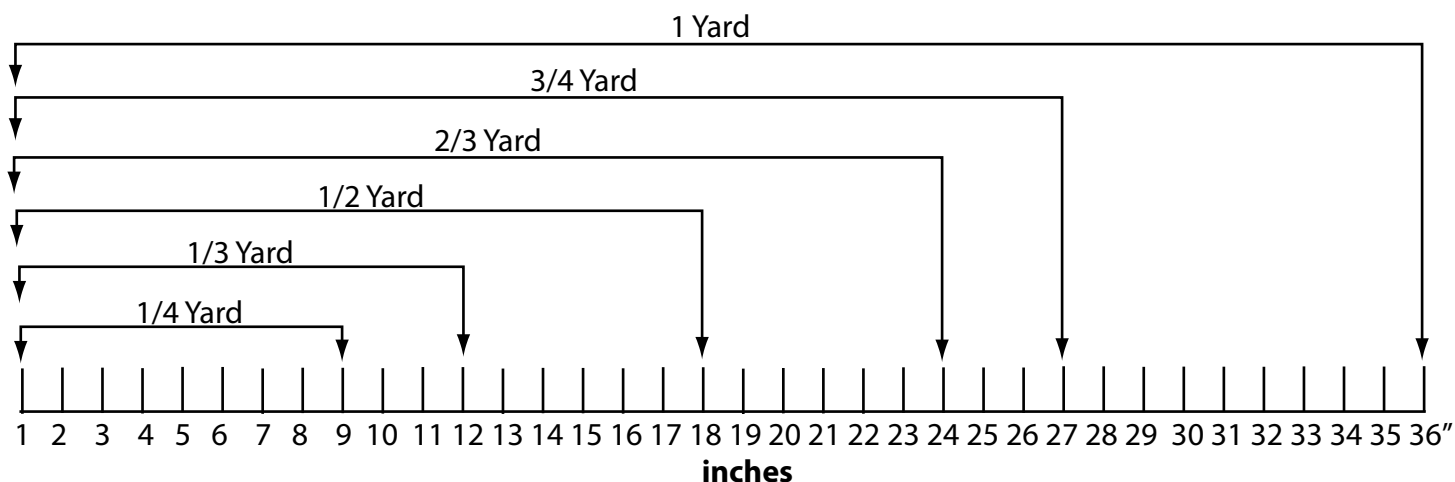
Example: $36" \times 36" \div \text{by } 2.5" = 518.4"$

How much fabric will it take to bind a quilt.

1. Measure the length and width of the quilt with the tape measure, and add all four sides together. Add 12 inches to this total to provide extra binding for finishing ends. The final amount is the number of inches of binding you will need.

2. Divide the total from step 1 by 40 (an average fabric width) to find the number of strips you will need. Multiply this answer by the width of your binding (generally 2.5") to find the total number of fabric inches you will need to purchase of binding fabric. For example, if you determine you need 27 inches of binding fabric, this is approximately 3/4 of a yard of fabric.

Measurements:

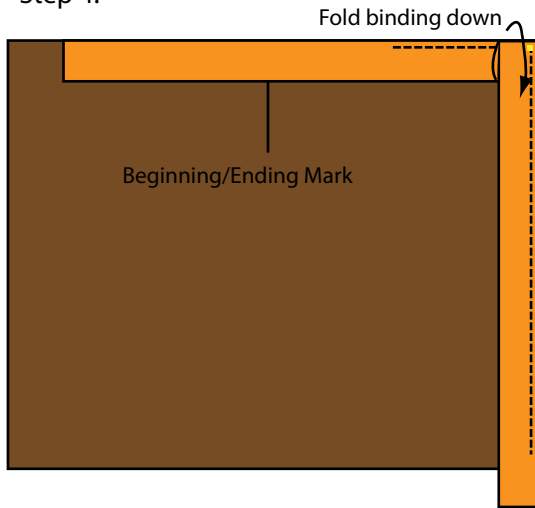


How wide should I cut my binding		
Finished Measurement (In Inches)	Cut Width in Inches	
	Single Fold	Double Fold
1/4	1	1-1/2
3/8	1-1/2	2
1/2	2	2-1/2
5/8	2-1/2	3
3/4	3	3-1/2
1	4	4-1/2
1-1/2	6	6-1/2
2	8	8-1/2

Fat quarters are approx. 18" x 22" One half yard of fabric split in two sections.

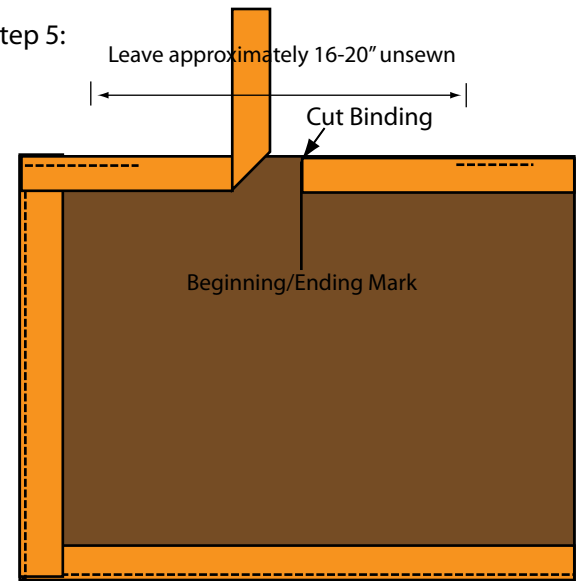
- Generally in coordinating fabrics
- ▶ Layer Cakes= 10" x 10" squares (anywhere from 10 to 100 in a pack)
 - Charms= 5" x 5" squares (anywhere from 10 to 100 in a pack)
 - Turnovers= 6" half square triangles (anywhere from 10 to 100 in a pack)
 - Jelly rolls = 2-1/2" x the width of the fabric (usually about 40 different ones)
 - Candy Bars = 2-1/2" x 5" strips
 - Honey Buns = 1-1/2" x width of fabric
 - Jelly cake = one layer cake and one jelly roll
 - Charming jelly cake = one layer cake, one jelly roll and one charm pack
 - ▶ Desert Roll = 10 precut 5" x width of fabric strips

Step 4:



Fold binding down on itself as shown in diagram above. Make sure the folded edge on top is even with the the seam you just sewed and align the raw edges of the unstitched binding with the next raw edge of the quilt. Starting at the edge of the quilt, stitch the binding to the next side of the quilt. Repeat the steps with each corner of the quilt.

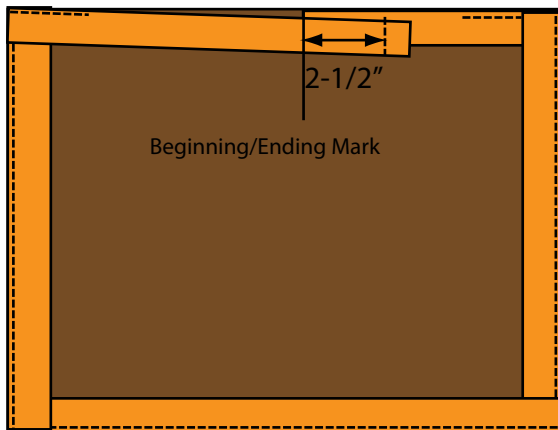
Step 5:



When you are back to the starting side, only stitch to within 8-10" of the beginning/ending mark on the quilt. You want at least a 16-20" gap between the stitched bindings to make it easier to finish binding.

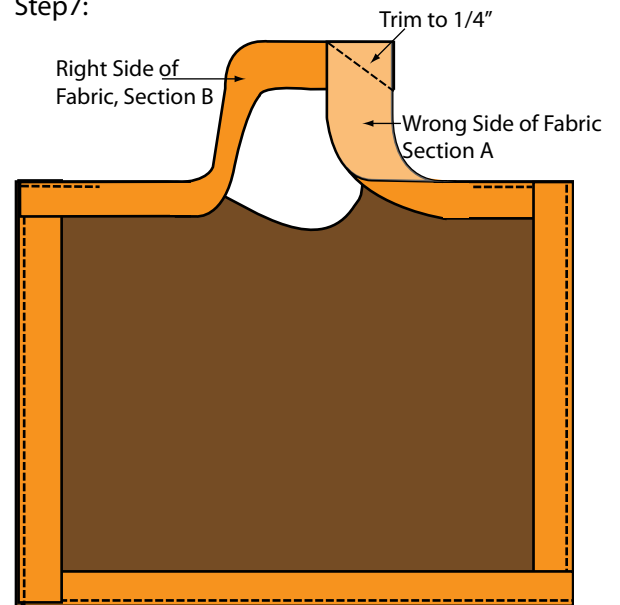
Trim the beginning side of the binding even with center mark of your quilt.

Step 6:



Cut the ending piece of binding 2-1/2" past the Beginning/Ending mark. This is the same width as your binding)

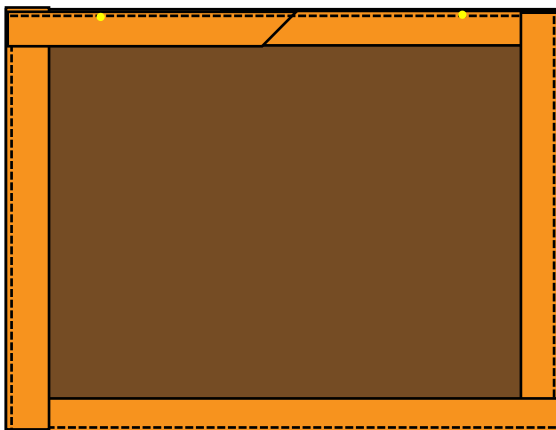
Step 7:



Open both folded binding pieces . Mark a diagonal line from the top left to the bottom right of the wrong side of section A, as shown.

With right sides together (Section A on Top), lay the two strips of binding perpendicular to each other. At a 45° angle, stitch the two strips together as shown.

Step 8:



Finish attaching binding:
Refold the remaining binding and realign the two raw edges with the edge of the quilt. Stitch in place.